

# MOVE

AT FIVE ►

## MOVER'S MEMBERSHIP

1 MONTH | 500

3 MONTHS | 1200

6 MONTHS | 2250

12 MONTHS | 4200

### MOVER'S BENEFITS

COMPLIMENTARY STEAM & SAUNA ACCESS

COMPLIMENTARY VALET PARKING

## SHAPER'S MEMBERSHIP

1 MONTH | 750

1 MONTH + UNLIMITED CLASSES | 1200/MONTH

3 MONTHS | 1800

6 MONTHS | 3300

12 MONTHS | 6500

### SHAPER'S BENEFITS

1 X 45 MIN MASSAGE AT REFIVE SPA

1 X FIT3D BODY SCAN

20% OFF SELECTED TREATMENTS AT REFIVE SPA + PEAKY BLINDERS GENT'S BARBERSHOP

10% OFF SELECTED TREATMENTS AT THE SALON

WEEKLY ICE BATH

COMPLIMENTARY STEAM & SAUNA ACCESS

PREFERRED CLASS BUNDLE MONTHLY RATE

COMPLIMENTARY CHILD CARE DURING WORKOUTS

COMPLIMENTARY VALET PARKING

WEEK DAY POOL ACCESS AT MIMI'S POOL CLUB

(TERMS & CONDITIONS APPLY)

20% OFF F&B AT GOOSE ISLAND, SOUL ST., TRATTORIA BY CINQUE,

ONE FOR THE ROAD, MIMI'S POOL CLUB & THE MANSION

(TERMS & CONDITIONS APPLY)

COMPLIMENTARY ACCESS TO MOVE AT FIVE BEACH GYM, FIVE PALM JUMEIRAH.

All prices are in UAE Dirhams, inclusive of 5% VAT 7% municipality fee,  
and 10% service charge.

We offer a preferred rate for Platinum Card holders & Teachers for our Movers membership:\*

- Movers: 1 month 350 | 3 months 900.

- Shapers: 1 month + unlimited Classes 850/MONTH

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## CLASSES

DROP IN | 120

DROP IN (FIVE RESIDENTS, TEACHERS & PLATINUM CARD HOLDERS) | 70

## CLASS BUNDLES

10 CLASSES (MOVER MEMBERS) | 600

10 CLASSES (FIVE RESIDENTS) | 600

10 CLASSES (NON-MEMBERS) | 1000

20 CLASSES (MOVER MEMBERS) | 1000

20 CLASSES (NON-MEMBERS) | 1800

UNLIMITED CLASSES (INCLUDES SHAPERS BENEFITS) | 1200/MONTH

## PERSONAL TRAINING

1 ON 1 | 320/HR

1 ON 2 | 450/HR

## PT BUNDLES

1 ON 1 | 10 SESSIONS | 3000

1 ON 2 | 10 SESSIONS | 4250

1 ON 1 | 20 SESSIONS | 5600

1 ON 2 | 20 SESSIONS | 8000

## BODY TRANSFORMATION PACKAGE

12 WEEKS | 3 SESSIONS / WEEK | 10,800

12 WEEKS | 4 SESSIONS / WEEK | 14,400

INCLUDES MEAL PLANS, BODY SCAN (WEEK 1 + WEEK 12),  
CUSTOMISED TRAINING PLAN FOR A 12 WEEK PERIOD.

## DAY PASS | 120

1 CLASS + GYM ACCESS + STEAM & SAUNA ACCESS (+ ICE BATH AED55 EXTRA)

ICE BATH | 95 FOR 30 MINS

BODY SCAN | 100

BUY 3 GET 4 | 300

All prices are in UAE Dirhams, inclusive of 5% VAT 7% municipality fee,  
and 10% service charge.

10 class bundle for valid for 30 days only from the day of purchase.

20 class bundle for valid for 45 days only from the day of purchase.

We offer a preferred rate for Platinum Card holders and Teachers for our Movers membership.\*

Class drop in 70 | 10 Classes 600 | 20 Classes 1000 | Unlimited Classes + shapers benefits 850

PT 10 session bundle valid for 30 days. PT 20 session bundle valid for 45 days.

Body Transformation package is for 12 weeks with possibility of extension for 1 week only.