

# MOVE

AT FIVE ►

## MOVER'S MEMBERSHIP

1 MONTH | 500

3 MONTHS | 1200

6 MONTHS | 2250

12 MONTHS | 4200

### MOVER'S BENEFITS

COMPLIMENTARY STEAM & SAUNA ACCESS  
COMPLIMENTARY VALET PARKING

## SHAPER'S MEMBERSHIP

1 MONTH | 750

1 MONTH + UNLIMITED CLASSES | 1200

3 MONTHS | 1800

6 MONTHS | 3300

12 MONTHS | 6500

### SHAPER'S BENEFITS

1 X 45 MIN MASSAGE AT REFIVE SPA

20% OFF SELECTED TREATMENTS AT REFIVE SPA + PEAKY BLINDERS GENT'S BARBERSHOP

10% OFF SELECTED TREATMENTS AT THE SALON

WEEKLY ICE BATH

COMPLIMENTARY STEAM & SAUNA ACCESS

PREFERRED CLASS BUNDLE MONTHLY RATE

COMPLIMENTARY CHILD CARE DURING WORKOUTS

COMPLIMENTARY VALET PARKING

WEEK DAY POOL ACCESS AT MIMI'S POOL CLUB

(TERMS & CONDITIONS APPLY)

20% OFF F&B AT GOOSE ISLAND, SOUL ST., TRATTORIA BY CINQUE,  
ONE FOR THE ROAD, MIMI'S POOL CLUB & THE MANSION

(TERMS & CONDITIONS APPLY)

COMPLIMENTARY ACCESS TO MOVE AT FIVE BEACH GYM, FIVE PALM JUMEIRAH.

ALL PRICES ARE IN UAE DIRHAMS, INCLUSIVE OF 5% VAT, 7% MUNICIPALITY FEE, AND 10% SERVICE CHARGE.

WE OFFER A PREFERRED RATE FOR FACECARD AND PLATINUM CARD HOLDERS AND TEACHERS FOR OUR MOVERS MEMBERSHIP.\*  
MOVERS: 1 MONTH 350 | 3 MONTHS 900.  
SHAPERS: 1 MONTH + UNLIMITED CLASSES | 850

# MOVE

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## CLASSES

DROP IN | 120

DROP IN | 70

(TEACHERS, FACECARD & PLATINUM CARD HOLDERS)

## CLASS BUNDLES

10 CLASSES | 600 (MOVER MEMBERS)

10 CLASSES | 1000 (NON-MEMBERS)

20 CLASSES | 1000 (MOVER MEMBERS)

20 CLASSES | 1800 (NON-MEMBERS)

UNLIMITED CLASSES | 1200/MONTH (INCLUDES SHAPERS BENEFITS)

## PERSONAL TRAINING

1 ON 1 | 320/HR

1 ON 2 | 450/HR

## PT BUNDLES

1 ON 1 | 10 SESSIONS | 3000

1 ON 2 | 10 SESSIONS | 4250

1 ON 1 | 20 SESSIONS | 5600

1 ON 2 | 20 SESSIONS | 8000

## BODY TRANSFORMATION PACKAGE

12 WEEKS | 3 SESSIONS / WEEK | 10,800

12 WEEKS | 4 SESSIONS / WEEK | 14,400

INCLUDES MEAL PLANS,  
CUSTOMISED TRAINING PLAN FOR A 12 WEEK PERIOD.

## DAY PASS | 120

1 CLASS + GYM ACCESS + STEAM & SAUNA ACCESS (+ ICE BATH AED55 EXTRA)

ICE BATH 30 MINS | 95

ICE BATH 10 PACK | 650

ALL PRICES ARE IN UAE DIRHAMS, INCLUSIVE OF 5% VAT, 7% MUNICIPALITY FEE, AND 10% SERVICE CHARGE.

10 CLASS BUNDLE IS VALID FOR 30 DAYS ONLY FROM THE DAY OF PURCHASE.

20 CLASS BUNDLE IS VALID FOR 45 DAYS ONLY FROM THE DAY OF PURCHASE.

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CLASS DROP IN 70 | 10 CLASSES 600 | 20 CLASSES 1000 | UNLIMITED CLASSES + SHAPERS BENEFITS 850

PT 10 SESSION BUNDLE VALID FOR 30 DAYS. PT 20 SESSION BUNDLE VALID FOR 45 DAYS.

BODY TRANSFORMATION PACKAGE IS FOR 12 WEEKS WITH POSSIBILITY OF EXTENSION FOR 1 WEEK ONLY.