
RE FIVE
SPA, BEAUTY & WELLNESS
Glowing skin is always in!
Facials
Massages
Spray tan
& Yoga
Detox BEFORE YOU Retox
Prep for your night out!
The latest wellness trends in one spot!
Bookings
04 248 9964 | fjvd.spa@fivehotelsandresorts.com | @ReFIVESPA | @FIVEJumeirahVillage

Here We Glow

45-mins massage or facial, lunch at one of our signature restaurants, and access to our social pool with two drinks each. Advance booking required.

MON - THU • AED350



Experiences

#SPA

Steam & Sauna

Sweat it all out! Improved skin, strengthened immunity and body pain relief, treat yourself to the ultimate wellbeing. Complimentary access for hotel guests.

DAY PASS • AED100

Serenity Ritual

Organic body exfoliation
+
Nourishing body wrap
+
Full body massage

120 MINS • AED745

Body & Glow

Body scrub
+
30-minute facial
+
Full-body massage

45 MINS • AED455
120 MINS • AED745

His & Hers

Body scrub
+
Full-body couple massage

90 MINS • AED1045
PER COUPLE



Jacuzzi

Enjoy quality time together, sit back and relax in our couple's jacuzzi.

30 MINS • AED300
60 MINS • AED500



Matis Paris

Founded in 1936, Matis Paris is a professional French skincare house renowned for combining cutting-edge science with the elegance of Parisian beauty. With expert formulas developed in its Paris laboratory, Matis delivers targeted, sensorial treatments that bring visible results while transforming skincare into a moment of indulgence.

L'Odaïtès

Born from a passion for nature and ancestral beauty rituals, L'ODAÏTÈS is a French skincare brand that harnesses the power of precious botanicals to create high-performance, sensorial treatments. Crafted with natural active ingredients and a commitment to clean formulations, L'ODAÏTÈS offers skincare that is both effective and indulgent - celebrating the harmony between science and nature.

Facials

#SPA

MATIS PARIS

Eclat

GLOW

A radiance-boosting treatment that evens skin tone and revitalizes dull complexions.

IDEAL FOR DULL SKIN

60 MINS • AED495

Caviar

REJUVENATION

A revitalizing treatment enriched with caviar extract to nourish, firm, and restore your skin's youthful glow.

IDEAL FOR STRESSED & MATURE SKIN

60 MINS • AED675

Corrective

HYDRATION

Designed to smooth fine lines, plump the skin, and enhance radiance with advanced anti-aging technology.

IDEAL FOR STRESSED SKIN

60 MINS • AED585

L'ODAÏTÈS

Sea Breeze

DETOX

A revitalizing treatment inspired by Mediterranean botanicals to hydrate, soothe, and restore your skin's natural radiance.

IDEAL FOR CONGESTED SKIN

45 MINS • AED365

Radiant Glow

BOOST

A radiance-enhancing treatment that brightens, evens skin tone, and restores luminosity.

IDEAL FOR DULL SKIN

60 MINS • AED495



Scrub it real good!

CLASSIC SCRUB

The ultimate exfoliant to remove dead skin cells for glowing skin

30 MINS • AED245

COFFEE SCRUB

Cellulite reduction, glowing skin and sun recovery

30 MINS • AED245

Here's to the whole world at your feet!

Relaxation massage for your feet, stimulating your activation points.

30 MINS • AED255

Lifting the weight off your shoulders!

Pressure relief massage focused on your shoulders, neck, scalp and forehead.

30 MINS • AED255

Massages

#SPA

STRESS RELIEF

Feather Touch

Ideal for massage newbies! Light pressure point massage applying regenerating oils boosting skin comfort and glow.

60 MINS • AED395
90 MINS • AED485

Lava Shells

Deep tissue relaxation using heated clam shells to relieve tension knots.

75 MINS • AED575

MUSCLE TENSION

Balancing Act

Classic Swedish massage movements and oils to ease muscle tension, using medium pressure.

60 MINS • AED395
90 MINS • AED485

Muscle Melt

Deep tissue massage focusing on sore and tight muscle tension from heavy workout or deep stress.

60 MINS • AED455
90 MINS • AED575

ENERGY HEALING

Thai Massage

Acupressure and yoga-like stretching that focuses on the body's pressure points and energy lines.

90 MINS • AED520

Clear & Healing

Luxury heated quartz bed experience with body scrub and full body massage to tickle all of your senses and take you into a cocoon-like state.

75 MINS • AED500

TRY ME!

SCIENTIFICALLY PROVEN REMEDY FOR GREATER ENERGY, LOWERED STRESS & THE ULTIMATE PEACE OF MIND.

EXPRESS MASSAGE

In a hurry? No problem!

Choose your focus area, pressure level and technique preferences.

30 MINS • AED265



Add to your treatment

QUARTZ HEALING • AED100

LAVA SHELLS • AED150

HOT STONE • AED100

Take your treatment to the next level and allow your body to enter a cocoon like state of relaxation with the warm contouring crystals on our quartz healing bed or upgrade your massage with our signature hot stones or lava shells for a greater stress reliever.

Benefits include
· Greater energy
· Lowered stress
· Strengthened immunity



Ice Bath do you Dare?

Plunge into the icy cool waters and take advantage of faster muscle recovery, improved sleep patterns, stress reduction and even boosting immunity.

30 MINS • AED120

Sensorial Head SPA

Cleanse your mind, body and soul with our Sensorial Head Spa Experience and enjoy a luxurious scalp and facial treatment meticulously crafted to leave you feeling utterly refreshed and rejuvenated.

90 MINS • AED555





YOGA

There's nothing a bit of yoga can't fix!

Soothe your soul or switch up your workout routine with our expert yogi, who tailors your session to your fitness goals.

PRIVATE CLASS • AED300

MOVE AT FIVE

Not just your avarage gym!

Find your balance or push yourself to the next level at Move At FIVE, a state-of-the-art gym offering a wide range of personal training options and classes. Class schedule & membership info available on request.

ReFIVE Beauty

Introducing the ReFIVE Beauty range, a luxurious collection of amenities designed to elevate your self-care routine to new heights. Crafted with precision and Made in France, each product in the range embodies the essence of indulgence and sustainability.

What sets ReFIVE Beauty apart is our unwavering commitment to sustainability every ingredient is meticulously sourced to ensure minimal environmental impact. From farm to packaging, we prioritize eco-conscious practices to bring you products that not only enhance your beauty but also preserve the beauty of our planet. Embrace the essence of luxury and sustainability with ReFIVE Beauty, where organic ingredients meet unparalleled indulgence.



Pre-Game Glow Up Hydrogel Gold Face Mask

Detoxifying, Hydrating & Revitalizing

These luxurious face masks are your ultimate go-to for achieving a radiant complexion in just 15 minutes. Perfect as makeup prep or to give yourself an extra glow.

Designer Bags Only Sparkling Hydrogel Eye Patches

De-puffing, Brightening & Revitalizing

These gorgeous gems are your ultimate go-to for de-puffing and brightening those tired eyes in just 15 minutes. Whether you're getting ready for a night out or prepping for a big event, these masks will help you look and feel your best.

Natural Soap

Custom made with nourishing olive oil and a lavender flower scrub. Sustainably sourced from Provence and lightly scented with FIVE's signature fragrance developed in Grasse, France.





FAKE IT TILL
YOU MAKE IT!

Spray Tan

Get that golden glow with Naked Tan - a vegan, wash and wear spray tan.

Keep your tan in tip top shape!
Exfoliate beforehand
Wear loose clothing after your treatment
Apply moisturiser daily

30 MINS • AED350



SPA Etiquette

To maintain the peaceful and relaxing atmosphere in ReFIVE Spa we kindly ask you to speak in a soft voice and also turn off all mobile and electronic devices. We also ask that you refrain from taking pictures once entering the private men's and women's spa areas. When using the shared steam, sauna and facilities please wear the disposable undergarments provided.

Arriving at the SPA

Please arrive 30 minutes prior to your treatment to make full use of our steam room and sauna Area. Kindly ensure you arrive on time to make full use of your appointment time. Late arrivals will still be charged the full treatment amount.

Late arrivals

In the event that you are running late, we will do our best to provide your full treatment. Late arrivals will still be charged the full treatment amount.

What to wear

Robes, loose clothing for Thai massage and comfortable disposable underwear is provided if desired. Please also bring swimwear if planning to enjoy the spa facilities such as steam & sauna.

Cancellation Policy

All cancellations within 3 hours of bookings are subject to a 50% cancellation charge. If you are booking within this cancellation window, please be aware of your schedule and ensure that you are able to keep the appointment. Group bookings of 5 or more people must be cancelled within 48 hours. All no –show appointments will be charged full.

yutopia

IV Drips

Sometimes we all need a little extra boost, right? Why not show your body some love and book yourself a vitamin drip. Packed with nutrients to lift your energy levels, boost your immune system and even soothe a hangover. We've got a vitamin-filled drip to suit your needs and get you feeling like the best version of yourself.

Immunity Booster — 1950

This special formula includes vitamin C, zinc, glutathione, vitamin B, and vitamin A to give your immune system a powerful boost.

Detox — 1665

With the help of carefully selected antioxidants this blend boosts metabolism and increases nutrient absorption for an overall happier, healthier you.

Energy Booster — 1950

Get those energy levels up after a long flight or a late night. This drip has all the right ingredients to give you a serious energy kick.

Hangover Remedy — 1775

We're all about the good times, and thanks to this mix of carefully selected ingredients, you can soothe your hangover and keep the good times rolling.

Boosters

Glutathione	550
B-Complex	540
Vitamin C	250

To book, call 04 248 9964 +971 58 100 9449